

ECT Curriculum

Updated: April 2025

Clinical:

PGY2

- ECT experience at LHSC on inpatient rotation with roster, at least 2 sessions (EPA C7 Part B could be tried, as appropriate)
- Also: Access to LHSC ECT throughout inpatient rotation on a voluntary basis (EPA C7 Part A and B could be tried, as appropriate)

PGY3

- PIMH ECT Assessment Clinic Tuesdays 9:00-3:00 – roster, at least 2 clinics (EPA C7 Part A)
- PIMH ECT Delivery 8:00am Mon and Fri, 9:00am Weds – roster, at least 3 clinics over geriatric psychiatry rotation (EPA C7 Part B)
- Also: Access to ECT on many geriatric psychiatry rotations and access to PIMH ECT Assessment and Delivery on a voluntary basis once mandatory spots are filled on schedule (EPA C7 Part A and B as appropriate).

PGY 4

- Voluntary access to PIMH ECT clinics above, particularly during complex care and rehabilitation rotation. (EPA C7 Part A and B as appropriate)

NOTE: PIMH ECT clinics outlined above are accessible to all residents at any point in training, once the roster for mandatory training has been completed

Sign-up Procedure: Roster of mandatory sessions (PGY2 inpatient and PGY3 geriatric psychiatry) created for academic year. Residents sign up during their annual sign-up meeting. Residents may sign up for additional sessions where available after schedule is set up for mandatory sessions.

Teaching Sessions:

- PGY1: Introductory teaching
- PGY3: Two teaching sessions
- Annual Resident ECT half-day workshop (all PGY years), on a Tuesday

RCPSC Educational Objectives:

Training Experience: Core 2.1.2 Formal Instruction in Neurostimulation

Competencies: ME 1.3.26 Neurostimulation treatment modalities

ME 3.1.5 Plan and perform therapies for the purpose of assessment and/or management – neurostimulation

EPA: EPA C7 – Integrating the principles and skills of neurostimulation into patient care

Part A – Suitability for neurostimulation (3 observations, including at least 1 adult and geriatric case)

Part B – Delivery of neurostimulation (3 observations)